

Charlene <colson797@aol.com>

10:15 AM (4 hours ago)

to me

I love Spring! Everything coming to life! New beginnings and beautiful growth. If you are struggling today with conflicting feelings, hurt, humiliation, anger or resentment, I want to share from author and pastor Dr David A Seamands, the good news of 2 Corinthians 5:19 with you.

On the cross, God in Christ absorbed all these feelings into His love. They entered into His heart, pierced His soul, and have been dissolved in the ocean of His forgiveness and the sea of His forgetfulness. The apostle Paul, formerly the bitterest enemy of the Christian faith, was the one who hated Jesus Christ, the one who hurled insults at Him, the one who vented his rage by being at the killing of the first martyr, Stephen. When Paul discovered that all that rage had been absorbed into the gracious heart of God, he wrote, "God was in Christ, reconciling me to Himself, not counting my trespasses against me."

There is nothing you can share out of the agonizing hurts and depths and and rages of your soul that God has not heard. There is is nothing you take to Him that he will not understand. He will receive you with both love and grace.

The night before Christ went to the cross, He instituted the Communion Supper. Taking bread and wine, simple things we could feel and touch and taste and smell and receive into ourselves. He said, "Eat and drink this to remind you of it all." Matthew 26:26-28.

As we take and eat of the body, from His brokenness we receive healing and wholeness for our brokenness. As we partake of the cup we receive His forgiving and healing love into our souls and bodies. As you celebrate Easter I pray you remember that Christ our Wounded Healer can put all the broken pieces of our lives back together and make us whole again. God bless you all and Happy Easter   